truly natural
skin care
More and more people are becoming convinced that the best skin, body and hair care products should be natural, and by this we mean properly natural. Just like many other companies these days, our products don’t include Parabens, SLS or any of the other headline nasties. But at Handmade Naturals we don’t have any synthetic or artificial ingredients, everything is 100% natural, plant derived in origin. We only use ingredients of the highest quality and not cheaper bulking or highly processed ingredients which have lost most of their nutritional value.

We can do all this because all our products are handmade by us in our own workshop. We can carefully control and monitor every part of the process to the highest levels of cleanliness.

During the past year we have introduced new products and we are planning more new products for 2013 and 2014. You can see that we are now offering our cream and lotion products in a very high quality, clean and secure airless dispenser packaging made from 100% high grade and fully recyclable plastic, which have received great customer feedback.

Welcome to our third products catalogue!
Handmade Naturals believes that good quality natural skin care should be available to everyone.

Every day we are exposed to pollutants, manufactured preservatives, synthetics and chemicals in our environment, our food and our skin care. At Handmade Naturals we try to make this a little better by ensuring that our products are properly 100% natural, using only pure flower waters, vegetable and essential oils.

We’re a family run company that we started in 2006, when we couldn’t find anything which would help our daughter’s cradle cap and nappy rash. At the time we found that nearly all the familiar high-street products contained ingredients that we didn’t expect and didn’t want, most often synthetic preservatives, cheap petroleum based bulking agents and artificial fragrances. We even found that many products presenting themselves as natural were in fact not natural, at all, or contained only a small percentage of natural additives.

So after further research and trying and testing our own formulations, we started making our own products. And this is how Handmade Naturals was born, from a passionate belief that good quality natural skin care should be available to everyone for a reasonable price.

The brand quickly developed and our loyal and growing customer base is testament to the great product range we now offer.

All our products are made in our own workshop in Cheshire and they’re all tested to the required EU standards and, most importantly, by us, our family and friends. All ingredients are sourced by us to ensure they meet our natural-only and where possible, organic and fairly traded standards.
our ingredients
what our products are made of...

**Virgin Oils & Butters**
Pure African Shea Butter, rich in vitamins A & E, excellent for dry skin and hair. Grows on the surface of the fruit and is the most nutrient-rich oil in terms of vitamins and minerals. Contains around 80% fatty acids, which help to regenerate tissues and help minimize lines and wrinkles. Calming, relaxing and antiseptic

There are many ingredients, chemicals and other substances which are considered toxic and potentially harmful. Some of the ingredients we avoid are listed and described here, further information can be found on our website.

- **Methyl, Propyl, Butyl and Ethyl Paraben** are used as inhibitors of microbial growth and to extend shelf life of products up to 8 years! They can cause many allergic reactions and skin rashes. Studies have shown that they are absorbed and stored by the body through the skin. Parabens are weakly estrogenic.

- **Diethanolamine (DEA)**, **Triethanolamine (TEA)** - often used in cosmetics as emulsifiers and/or foaming agents. They can cause allergic reactions, dermatitis, rash, dryness and irritation. They can also be harmful if they are absorbed by the skin. Methyl, Propyl, Butyl and Ethyl Paraben are used as inhibitors of microbial growth and to extend shelf life of products up to 8 years! They can cause many allergic reactions and skin rashes. Studies have shown that they are absorbed and stored by the body through the skin. Parabens are weakly estrogenic. There are many ingredients, chemicals and other substances which are considered toxic and potentially harmful. Some of the ingredients we avoid are listed and described here, further information can be found on our website.

- **Talc** - a chlorophenol, a class of chemicals suspected of causing cancer in humans.

- **Triclosan** - a synthetic 'antibacterial' ingredient found in many skin care products, especially antibacterial cleansers, toothpastes and hand sanitizers. Registered by EPA as a pesticide & of high risk to both human health and the environment. It is classified as a chlorophenol, a class of chemicals suspected of causing cancer in humans.

- **Petrolatum** - a cheap, harsh detergent used in shampoos. Due to its production method it can be contaminated with dioxin, which is toxic & carcinogenic. Can cause eye irritation, scalp irritation and dermatitis. Triclosan - a synthetic petrochemical mix, used as a preservative in a wide variety of cosmetic products. It can cause allergic reactions, eye irritation and dryness of hair and skin. It can be harmful if inhaled as it can lodge in the lungs, causing respiratory disorders.

- **Stearalkonium Chloride** - a synthetic 'antibacterial' ingredient found in many skin care products, especially antibacterial cleansers, toothpastes and hand sanitizers. Registered by EPA as a pesticide & of high risk to both human health and the environment. It is classified as a chlorophenol, a class of chemicals suspected of causing cancer in humans.

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Our entire range is made by hand. We don’t assign production contracts to third party manufacturers. The risk of cross contamination is a major concern, since the production lines at such plants tend to process synthetic and chemical ingredients as well. Having our products made for us would mean we have no guarantees regarding the purity or origin of the ingredients. Larger scale manufacturing usually requires the use of chemical preservatives with no known long term effects on our health. We would rather have our products as fresh as possible and made on demand in our workshop.

Our products are 100% natural. Every single ingredient that goes into our products is natural. The word ‘natural’ could be a little vague and what one person believes to be a natural ingredient, doesn’t necessarily match someone else’s criteria. Our view is that natural is everything that is not a man-made synthetic, is either found directly in nature or derived from nature’s herbs, fruits or vegetables and is of beneficial value to our body and skin. If we are to be truthful, every natural ingredient needs some sort of processing, so that it can be used. Vegetable oils are pressed from the seeds or fruits of the plant.

To produce shea butter, the nuts need to be collected, peeled and ground into a paste so that the oil can be pressed, filtered and then allowed to crystallise. Similarly, cocoa butter used in chocolate making or skin care doesn’t grow on the tree in convenient lumps which can simply be picked and used. What is important to us is that every ingredient - oil, butter, essential oil, extract or wax - has been derived from a plant and has had the least amount of processing and without the use of chemicals, solvents, toxins or synthetic preservatives.

What you see is what you get. We don’t lure customers giving the impression of being organic or natural, only for you to discover later that your product is in fact a cocktail of chemicals with a small percentage of organic additives. We list all our ingredients, there are no blurbs to highlight the good stuff and small letters to tell you about the bad stuff.

Your skin & health matter. We believe natural skin care should not be an occasional luxury but an everyday benefit because your skin and your health are most important. Our skin and hair care range is reasonably priced so that you can afford to look after your skin and yourself, naturally, every day.

We’ve received more awards over the past year and we continue to get great feedback from our customers. We hope to build on this over the coming year with some new products which we have in the pipeline.

Editors Choice Award 2013 from Green Parent magazine for our Baby Oil which you can see on page 33

Editors Choice Award 2012 from Green Parent magazine for our Balancing Face Cream which you can see on page 15

Janey Lee Grace Platinum Award Winner 2012 Best Face Cleansing Oil which you can see on page 13

Janey Loves our Baby Oil on page 33

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ROSE, HEMP, & JOJOBA FACE CLEANSING LOTION
No essential oils
A light creamy cleansing lotion to remove make up & impurities and nourish your skin. Hand blended from soothing organic Rose, balancing Jojoba & Omega 3 & 6 rich Hemp Seed oil. Subtle rose scent. Suitable as a moisturiser for oilier skin types.

PLUM & AVOCADO FACE CLEANSING LOTION
Unscented
A light cleansing lotion with Plum Kernel and unrefined Avocado oil, containing high amounts of Vitamin A, B1, B2, D and E. Perfect for removing impurities, foundation and eye make up. Leaves skin clean and moisturised.

Gentle cleansers & refreshing toners to remove daily impurities without stripping the skin of natural moisture. Our range includes products for dry, normal & sensitive skin types. None of our cleansers & toners contain harsh drying detergents, solvents, alcohol, artificial fragrances or preservatives.

“Face care cleansers & toners”

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No essential oils
A light creamy cleansing lotion to remove make up & impurities and nourish your skin. Hand blended from soothing organic Rose, balancing Jojoba & Omega 3 & 6 rich Hemp Seed oil. Subtle rose scent. Suitable as a moisturiser for oilier skin types.

Normal & Dry Skin

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Normal & Dry Skin

PLUM & AVOCADO FACE CLEANSING LOTION
Unscented
A light cleansing lotion with Plum Kernel and unrefined Avocado oil, containing high amounts of Vitamin A, B1, B2, D and E. Perfect for removing impurities, foundation and eye make up. Leaves skin clean and moisturised.

Size: 100ml
Ingredients: purified water, unrefined avocado oil, unrefined plum kernel, vegetable glycerin, emulsifying wax, aspen bark extract, vitamin E.

MOISTURISING FOAMING FACE WASH
with Aloe, Benzoin & Rose
An organic face wash that gently removes impurities and traces of make up while moisturising the skin. Lightly scented with Benzoin & Rose. For all skin types.

Normal & Dry Skin

MOISTURISING FOAMING FACE WASH
with Aloe, Benzoin & Rose
An organic face wash that gently removes impurities and traces of make up while moisturising the skin. Lightly scented with Benzoin & Rose. For all skin types.

Normal & Dry Skin

Oily & Problem Skin

ANTIBACTERIAL FOAMING FACE WASH
with Aloe, Lemon & Manuka
A gentle face wash that leaves skin feeling fresh, clean and rejuvenated. The high levels of Geraniol in Manuka oil help keep skin healthy. For oily skin types.

Oily & Problem Skin

Size: 100ml
Ingredients: purified water, coco glucoside, organic aloe vera, glycerine, glyceryl oleate (fatty acid from sunflower), apple cider vinegar, grapefruit seed extract, vitamin E (tocopherol), essential oils of rose de mai, benzoin, lemon, manuka; constituents of the essential oils.

Size: 200ml
Ingredients: purified water, coco glucoside, organic aloe vera, glycerine, glyceryl oleate (fatty acid from sunflower), apple cider vinegar, grapefruit seed extract, essential oils of rose de mai, benzoin, lemon, manuka; constituents of the essential oils.

For smooth and soft skin remember to use lukewarm water for your facial care to avoid your skin looking blotchy. Wash away impurities and leave your skin feeling refreshed.

face care
ORGANIC ROSE, CHAMOMILE & GERANIUM FACE TONER
A blend of balancing Geranium, calming organic Chamomile & beautifying organic Rose flower waters to gently cleanse and refresh the face, as well as calm irritations, rashes & dermatitis.
Size: 100ml
Ingredients: organic rose water, organic chamomile water, geranium water

ORGANIC LAVENDER & GERANIUM FACE TONER
A blend of balancing Geranium & soothing organic Lavender flower waters for gentle face cleansing. The natural relaxing properties of Lavender make this toner perfect for evening use.
Size: 100ml
Ingredients: organic lavender water, geranium water.

ORGANIC BULGARIAN ROSE FACE TONER
Pure Rose water is a gentle cleanser and toner for all skin types. It’s natural antibacterial properties are useful for acne and dermaflakes, giving troubled skin a gentler treatment.
Size: 100ml
Ingredients: organic rose water

LEMONBALM & WITCH HAZEL FACE TONER
A blend of pure Lemonbalm (Melissa) & Witch Hazel flower waters, recommended for problem skin prone to outbreaks and as an after-shave toner. Naturally antiseptic and anti-inflammatory.
Size: 100ml
Ingredients: lemonbalm water, witch hazel water

ORGANIC CHAMOMILE FACE TONER
Pure Chamomile water is soothing, relaxing, calming & extremely gentle. Suitable for sensitive skin, babies, eczema, rashes, sunburn and wind-chapped skin.
Size: 100ml
Ingredients: organic chamomile water.

ORGANIC BULGARIAN ROSE FACE TONER
Pure Rose water is a gentle cleanser and toner for all skin types. It’s natural antibacterial properties are useful for acne and dermaflakes, giving troubled skin a gentler treatment.
Size: 100ml
Ingredients: organic rose water

CALMING AROMATIC ROLL ON
A handy travel size roll-on for on-the-go aromatherapy. Use to relieve stress, anxiety and promote relaxation and soothe insect bites or spots. With French Lavender & English Chamomile. Apply directly on the skin 2-3 times per day.
Size: 10ml
Ingredients: cold pressed grapeseed oil, essential oils of lavender & chamomile, vitamin E, Limonene, Geraniol, Linalool; constituents of the essential oils.

ANTIBACTERIAL AROMATIC ROLL-ON
A handy travel size roll-on for on-the-go aromatherapy. Use for all conditions requiring antibacterial treatment e.g. spots, cuts, bites etc. With New Zealand Manuka, French Lavender & Australian Tea Tree. Apply directly on the skin 2-3 times per day.
Size: 10ml
Ingredients: cold pressed grapeseed oil, essential oils of french lavender & organic chamomile, vitamin E, Limonene, Geraniol, Linalool, Citronellol; constituents of the essential oils.

FACE CLEANSING OIL with Japanese Camellia & Rice Bran
Both Camellia & Rice Bran oil are excellent skin conditioners, packed with vitamins and valuable nutrients. Traditionally used in Japan for, amongst other things, cold pressed oil helps the skin without a greasy feel and effectively removes make up and impurities. Unrefined.
Size: 50ml
Ingredients: rice bran oil, camellia seed oil, coconut oil, geranium oil.

ORGANIC ROSE, CHAMOMILE & GERANIUM FACE TONER
A blend of balancing Geranium, calming organic Chamomile & beautifying organic Rose flower waters to gently cleanse and refresh the face, as well as calm irritations, rashes & dermatitis.
Size: 100ml
Ingredients: organic rose water, organic chamomile water, geranium water

Lemonbalm & Witch Hazel Face Toner
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Size: 100ml
Ingredients: lemonbalm water, witch hazel water

ORGANIC BULGARIAN ROSE FACE TONER
Pure Rose water is a gentle cleanser and toner for all skin types. It’s natural antibacterial properties are useful for acne and dermaflakes, giving troubled skin a gentler treatment.
Size: 100ml
Ingredients: organic rose water

Calming Aromatic Roll On
A handy travel size roll-on for on-the-go aromatherapy. Use to relieve stress, anxiety and promote relaxation and soothe insect bites or spots. With French Lavender & English Chamomile. Apply directly on the skin 2-3 times per day.
Size: 10ml
Ingredients: cold pressed grapeseed oil, essential oils of lavender & chamomile, vitamin E, Limonene, Geraniol, Linalool; constituents of the essential oils.

Antibacterial Aromatic Roll-On
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Face Cleansing Oil with Japanese Camellia & Rice Bran
Both Camellia & Rice Bran oil are excellent skin conditioners, packed with vitamins and valuable nutrients. Traditionally used in Japan for, amongst other things, cold pressed oil helps the skin without a greasy feel and effectively removes make up and impurities. Unrefined.
Size: 50ml
Ingredients: rice bran oil, camellia seed oil, coconut oil, geranium oil.
face care

face care eyes & lips

ROSEHIP SEED OIL Organic & Uncoloured

Rosehip oil is rich in bioflavonoids, carotenoids and other bioactive nutrients that are vital in tissue regeneration and restoration. This oil is not only an excellent emollient, but it also has the ability to neutralise the free radicals that accelerate the ageing process.

Size: 30ml jar with atomiser spray

Ingredients: 100% pure and organic Rosehip seed oil

ROSE & SHEA EYE CREAM

A very rich & nourishing eye cream hand blended from organic Rose, virgin Shea Butter, Aloe Vera, Avocado & Sweet Almond Oils to moisturise and nourish the delicate area around the eyes, deeper wrinkles and dry areas of the face. Packaged in a convenient roll-on bottle. Unscented.

Size: 15ml

Ingredients: organic rose seed oil, virgin shea butter, natural rosehip seed oil, sweet almond oil, vegetable glycerin, aspen bark extract, essential oils of rose damascena (Citral, Eugenol, Geraniol, Citronellol, Linalool, Geraniol, Benzyl Benzoate; constituents of the essential oils), *organic.

ORGANIC COCOA & ALMOND LIP BALMS

Perfect for dry chapped lips or to add instant gloss. Both cocoa butter & sweet almond oil are excellent for soothing dry & chapped skin as they naturally contain huge amounts of vitamin E. With added Calendula oil. Available in; Pure Cocoa (unscented), Cocoa & Mint, Ginger & Sweet Orange and Cocoa & Mandarin.

Size: 4.5ml

Ingredients: sweet almond oil, virgin cocoa butter, beeswax, calendula infused sunflower oil, and essentials oils in the scented products; peppermint, ginger, sweet orange, mandarin (linalool, limonene, citral; constituents of the essential oils). *organic.

Size: 12ml

Ingredients: sesame/sea buckthorn oil, jojoba oil, evening primrose oil.

ROSE & SHEA EYE CREAM

A velvety rich & nourishing eye cream hand blended from organic Rose, virgin Shea Butter, Aloe Vera, Avocado & Sweet Almond Oils to moisturise and nourish the delicate area around the eyes, deeper wrinkles and dry areas of the face. Packaged in a convenient roll-on bottle. Unscented.

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Size: 12ml

Ingredients: sesame/sea buckthorn oil, jojoba oil, evening primrose oil.

Balancing Face Cream with Mandarin & Geranium

A light balancing moisturiser hand blended from organic Chamomile, Jojoba, Evening Primrose, Rosehip Seed oil, Peach Kernel & Virgin Shea Butter. Gently scented with Mandarin & Geranium oils to make outbreaks a thing of the past and your skin velvety soft, naturally!

Sizes: 15ml, 50ml

Ingredients: organic chamomile water, organic jojoba oil, evening primrose oil, rose damascena, pelargonium graveolens, essential oil of rose damascena, essential oil of mandarin, essential oil of orange, natural and certified organic lotus flower extract, vegetable glycerin, aspen bark extract, vitamin E oil (tocopherol), essential oil of mandarin, natural and certified organic lotus flower extract, vegetable glycerin, aspen bark extract, vitamin E oil (tocopherol), essential oil of orange, natural and certified organic lotus flower extract, vegetable glycerin, aspen bark extract, vitamin E oil (tocopherol).

Sensible Face Cream with Rose & Rosewood

A rich & nourishing moisturiser hand blended from organic Rose, Jojoba, Evening Primrose, Rosehip Seed oil, Peach Kernel & Virgin Shea Butter. Gently scented with Rose Oils & Rosewood Oils to reduce dry skin conditions, maintain skin elasticity and help delay signs of skin ageing.

Sizes: 15ml, 50ml

Ingredients: organic rosehip seed oil, rose damascena, pelargonium graveolens, essential oil of rose damascena, essential oil of mandarin, essential oil of orange, natural and certified organic lotus flower extract, vegetable glycerin, aspen bark extract, vitamin E oil (tocopherol), essential oil of orange, natural and certified organic lotus flower extract, vegetable glycerin, aspen bark extract, vitamin E oil (tocopherol).

Revitalising Face & Neck Serum with Rose & Geranium

A luxurious blend of precious oils of Rosehip Seed, Rosemary Seed, Evening Primrose, Rosehip Seed oil, Peach Kernel & Virgin Shea Butter. Gently scented with Rose Oils & Rosewood Oils to make this cream suitable for sensitive skin types, for use around the eyes and during pregnancy.

Size: 30ml

Ingredients: rosehip seed oil, macadamia nut oil, borage seed oil, raspberry seed oil, plum kernel oil, jojoba oil, essential oils of rosa damascena, pelargonium graveolens, citral, eugenol, geraniol, citronellol, linalool; constituents of the essential oils.

Revitalising Face & Neck Serum with Rose & Geranium

A luxurious blend of precious oils of Rosehip Seed, Rosemary Seed, Evening Primrose, Rosehip Seed oil, Peach Kernel & Virgin Shea Butter. Gently scented with Rose Oils & Rosewood Oils to make this cream suitable for sensitive skin types, for use around the eyes and during pregnancy.

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face care

face care moisturisers & face masks

**GREEN CLAY**

- **FACE MASK**
  - Mineral rich pure sun-dried green clay to gently cleanse, detoxify and exfoliate the skin on your face in just one 10 minute treatment.
  - Size: 100ml (6-8 applications)
  - Ingredients: sun-dried green clay.

**PINK CLAY**

- **FACE MASK**
  - Mineral rich pure sun-dried pink clay to gently cleanse, detoxify and exfoliate the skin on your face in just one 10 minute treatment.
  - Size: 100ml (6-8 applications)
  - Ingredients: sun-dried pink clay.

**MANGO & GREEN TEA**

- **FACE MASK**
  - 100% natural vitamin rich treat with real Mango, organic Green tea & white clay to nourish, detox and refresh the skin. Mix with water, juice, warm milk or yoghurt. Enrich with honey or olive oil for dry skin.
  - Size: 100ml (6-8 applications)
  - Ingredients: white clay, pink clay, freeze dried cranberry powder, organic green tea.

**CRANBERRY & GREEN TEA**

- **FACE MASK**
  - 100% natural antioxidant treat with real Cranberries, organic Green tea & white clay to nourish, detox and refresh the skin. Mix with water, juice, warm milk or yoghurt. Enrich with honey or olive oil for dry skin.
  - Size: 100ml (6-8 applications)
  - Ingredients: white clay, pink clay, freeze dried cranberry powder, organic green tea.

**DETOXIFYING MASK PACK**

- **(CLAY & ROSE WATER)**
  - A pack of pure sun-dried green clay & organic Rose water to cleanse, detoxify and exfoliate.
  - Pack contains: 100ml jar of green clay
  - 100ml bottle of rose water toner
  - Ingredients: fine rhassoul powder, organic rose water.

**MORROCAN RHASSOUL**

- **FACE MASK**
  - With regular use, rhassoul can reduce skin dryness and flakiness. Whilst most clays would draw toxins from under the skin, rhassoul is fantastic at not only removing impurities, excess oils and bacteria from the skin but also at replacing them with valuable minerals.
  - All Skin Types
  - Size: 100ml (6-8 applications)
  - Ingredients: fine rhassoul powder.

**MORROCAN RHASSOUL & STRAWBERRY**

- **FACE MASK**
  - Packed with minerals and vitamin C, our Rhassoul & Strawberry Face Mask is a superb deep cleansing, detoxifying and pores refining skin treatment. To make it extra special, we’ve blended freeze dried strawberries into the mix which make your skin really healthy by giving it a high vitamin C content and work on refining your skin tone too.
  - All Skin Types
  - Size: 100ml (6-8 applications)
  - Ingredients: fine rhassoul powder, freeze dried strawberry powder, white clay.

2000 years ago the making of ancient Rome and Egypt used Rhassoul clay in soup, shampoo and as a daily cleanser! This is because Rhassoul clay has very gentle cleansing properties, meaning it’s perfect for dry and sensitive skin. Our Rhassoul face mask is packed with 100% natural ingredients which gently cleanse, detoxify and exfoliate the skin. The masks made from Rhassoul clay are renown to improve skin texture, reduce dryness and remove toxins. For oily and problematic skin, the Green Clay Mask is great!
Keep your skin soft & supple with our fabulously moisturising shea body butters, virgin coconut oil, cold pressed massage oils or virgin cocoa butter with a fantastic natural chocolate scent. 100% pure skin food, free from chemical ingredients, fillers & synthetic additives!

“Relax your body and mind with our massage oils and essential oils range. Our oils are pure and unrefined, full of nourishment and vitamin, which can be blended to your own special fragrance with our essential oils. Or just add a few drops of essential oils to water to create any mood you want using an oil burner.”

**top tip**
Stress is never helpful in maintaining your skin’s softness. Make sure you take plenty of time to rest and relax. Your skin will thank you for it!

**body care butters**

**VIRGIN SHEA BUTTER with Jojoba & Calendula**
(organic Chamomile)

80% pure unrefined & fairly traded shea butter packed with vitamin A, B & F, enriched with balancing Jojoba oil, calming Calendula & healing Chamomile. A soothing moisturiser for dry & irritable skin, allergies & heat rashs, as well as eczema.

Sizes: 15ml, 60ml, 120ml, 250ml
Ingredients: virgin shea butter (palm oil free), organic dehydrated chamomile, essential oil of lavender, arborvitae, black spruce.

**VIRGIN COCOA BUTTER with Almond & Peach Kernel**
(unscented)

Naturally rich in antioxidants, unrefined cocoa butter is traditionally used to keep skin healthy, smooth & elastic. To make it smooth & creamy we’ve blended in Sweet Almond & Peach Kernel oils, making it a great moisturiser for sensitive skin & during pregnancy.

Sizes: 15ml, 60ml, 120ml, 250ml
Ingredients: sweet almond oil, virgin cocoa butter, peach kernel oil, vitamin E.

**SHEA & COCONUT BUTTER with Evening Primrose**
(Lavender, Bergamot, Geranium)

Specifically formulated for dry & flaky skin, the soft textured butter contains over 40% Virgin Shea Butter. Enriched with sebum balancing & restoring Jojoba, it will soothe and nourish your skin instantly. Recommended for psoriasis.

Sizes: 15ml, 120ml, 250ml
Ingredients: jojoba oil, virgin shea butter, evening primrose oil, organic coconut oil, vitamin E oil, essential oils of lavender, bergamot, geranium and cedarwood.

**Cocoa Butter**

AmoNgst all vitamins such as vitamin E, cocoa butter contains the pigmented 15% which has been found in numerous active oxygen, a fat in natural Cocoa butter has often been recommended for treatment of skin conditions such as eczema and dermatitis as when applied topically it makes a barrier between sensitive skin and the environment and helps retain needed moisture. It makes a truly natural ‘warming’ butter for muscles to be used, as it can help keep skin on the sweat moustache to prevent stitch marks.

Sizes: 15ml, 60ml, 120ml, 250ml
Ingredients: jojoba oil, organic shea butter, evening primrose oil, organic coconut oil, vitamin E oil.

Keep your skin soft & supple with our fabulously moisturising shea body butters, virgin coconut oil, cold pressed massage oils or virgin cocoa butter with a fantastic natural chocolate scent. 100% pure skin food, free from chemical ingredients, fillers & synthetic additives!
BODY MASSAGE OIL BLEND
(Palmarosa, Cedarwood & Geranium)
A blend of moisture replenishing Grapeseed, balancing Jojoba, calming Calendula & nourishing Evening Primrose oils - a great all over body moisturiser or a massage oil, suitable for all skin types.

Sizes: 125ml
Ingredients: grapeseed oil, jojoba oil, evening primrose oil, organic calendula, essential oils of palmarosa, rose geranium & cedarwood, (Citral, Citronellol, Geraniol, Farnesol, Limonene, Linalool; constituents of the essential oils)

SWEET ALMOND OIL
(pure & unscented)
Beneficial to all skin types, pure cold pressed Sweet Almond soothes skin inflammations & irritations due to its high Vitamin E, A & D content. Excellent base & body moisturiser, hair conditioner and a fantastic make-up remover too!

Size: 125ml
Ingredients: cold pressed sweet almond oil.

OLIVE & CALENDULA CARE JELLY
(Lavender & Manuka)
Combining the healing powers of natural oils & the antibacterial properties of pure essential oils, this care balm will soothe & moisturise dry hands, cracked heels, sore noses and even minor cuts & wounds. Great customer responses for eczema!

Sizes: 15ml, 60ml, 120ml
Ingredients: organic olive oil, organic calendula oil, lavender & manuka essential oils (Lavandula angustifolia, Calendula officinalis, Lavandula vera, Melaleuca leucadendron, Linalool, Geraniol, Citral, Citronellol; constituents of the essential oil)

Olive & Calendula Care Jelly (Lavender & Manuka)
**Body Care**

**Body Care Massage Oils**

- **Grape Seed Oil** (pure & ununscented)
  A very light & easily absorbed oil, cold pressed. Great for all skin types, including those with nut allergies. With natural astringent properties, grape seed helps tone, tighten & protect the skin cells due to its high vitamin & linoleic acid content.
  - Size: 125ml
  - Ingredients: cold pressed grape seed oil.

- **Peach Kernel Oil** (pure & ununscented)
  A lovely light massage oil, cold pressed. Peach Kernel oil is especially recommended for dry, ageing or sensitive skin with thread veins. Great for baby massage too. Very easily absorbed and leaves no greasy residue on the skin.
  - Size: 125ml
  - Ingredients: cold pressed peach kernel oil.

- **Evening Primrose Oil** (pure & ununscented)
  Pure, cold pressed & packed with GLA’s (Omega 6 & Vitamin E). Research has linked deficiency in Omega 6 with dry & itchy skin. Evening Primrose oil helps maintain skin’s health & elasticity. Ideal for mature skin and marked with natural astringent properties.
  - Size: 125ml
  - Ingredients: cold pressed evening primrose oil.

**Body Care Creams & Lotions**

- **Grape Seed Oil**
  Most oils that have skin renewing and regenerating qualities are derived from nuts, which for a lot of people is uncomfortable. Grape seed oil however, is a light antioxidant-rich oil that is derived from the seeds of grapes. While a lot of oil can sap your skin, Grape seed oil is made up of very small molecules allowing it to be easily absorbed into the skin. Grape seed oil is an antioxidant that means it’s great for aged skin. The oil also has great anti-inflammatory properties and has the ability to tighten and tone the skin. It can also be used to improve stretch marks, varicose veins and cellulite.

- **Peach Kernel Oil** (pure & unscented)
  A lovely light massage oil, cold pressed. Peach Kernel oil is especially recommended for dry, ageing or sensitive skin with thread veins. Great for baby massage too. Very easily absorbed and leaves no greasy residue on the skin.
  - Size: 125ml
  - Ingredients: cold pressed peach kernel oil.

- **Evening Primrose Oil**
  Pure, cold pressed & packed with GLA’s (Omega 6 & Vitamin E). Research has linked deficiency in Omega 6 with dry & itchy skin. Evening Primrose oil helps maintain skin’s health & elasticity. Ideal for mature skin and marked with natural astringent properties.
  - Size: 125ml
  - Ingredients: cold pressed evening primrose oil.

**Hand & Body Milk**

- **Nourishing Hand Cream**
  A rich & nourishing blend of virgin cocoa butter, grape seed & sweet almond oil. Combined with vitamin E, essential oils of lavender, rose & geranium. Great for dry, sensitive or nervous skin.
  - Sizes: 15ml, 50ml
  - Ingredients: purified water, sweet almond oil, grape seed oil, virgin cocoa butter, vitamin E oil, vegetable glycerine, essential oils of lavender, rose, geranium & chamomile.

- **Unscented Hand & Body Lotion**
  Light & easily absorbed hand & body lotion, handmade from pure Sweet Almond & Plum Kernel oils and fair trade virgin cocoa butter. Deliciously scented and packed with shea butter, vitamins & nutrients for healthy skin.
  - Sizes: 100ml, 250ml
  - Ingredients: purified water, virgin fair-trade shea butter, jojoba oil, plum kernel oil, vegetable glycerine, emulsifying wax, aspen bark extract, dihydroxyacetone, vitamin E, essential oils lavender, palmarosa & rosewood.

**Natural Tanning Cream**

- **Nourishing Hand Cream**
  A rich & nourishing blend of virgin cocoa butter, grape seed & sweet almond oil. Combined with vitamin E, essential oils of lavender, rose & geranium. Great for dry, sensitive or nervous skin.
  - Sizes: 15ml, 100ml
  - Ingredients: purified water, virgin fair-trade shea butter, jojoba oil, plum kernel oil, vegetable glycerine, emulsifying wax, aspen bark extract, dihydroxyacetone, vitamin E, essential oils lavender, palmarosa & rosewood.
Shampoo

Enriched with herbs, organic aloe vera, jojoba & organic coconut, our shampoo range has been developed with a gentle sugar detergent, coco glucoside, making our products very mild, 100% natural, non-irritating, non-drying and hypo-allergenic to sensitive skin.

Conditioning

Natural conditioning treats for healthy, smooth & shiny hair - choose from pure organic virgin coconut oil, our nourishing and detangling Olive & Jojoba Conditioner or our strengthening Hair & Scalp oil. All products are naturally free from silicone & harmful chemicals and are suitable for coloured hair.

Bath Salts

No need to travel to the Holy Land when you have our soothing and relaxing Dead Sea Salts. All are beneficial for normal & sensitive skin, including eczema & psoriasis. Great for relaxing & soothing bath soak and to soothe muscular & arthritic pains, naturally.

Soap Free Handwash

A selection of soap free liquid handwashes for adults & children, free from harsh detergents or chemical surprises!

Natural Soap

100% vegetarian bars of pure natural soap, which not only produce a rich and creamy lather, but moisturise your skin as they cleanse! Very different from factory produced harsh soaps made from animal fat, chemicals & perfumes!

Conditioning

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Soap Free Handwash

A selection of soap free liquid handwashes for adults & children, free from harsh detergents or chemical surprises!

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Shampoo products

HERBAL SHAMPOO
Normal to Oily Hair

A mild shampoo formulated with Rosemary, Lemongrass & Lemon oils, Chamomile & Sage extracts, virgin organic Coconut & Jojoba oil & organic Aloe Vera for their soothing and balancing properties.

HERBAL SHAMPOO
Normal to Dry Hair

A mild shampoo developed for dry hair and scalp with Lavender, Rosemary, Chamomile and Geranium. Enriched with moisturising Aloe, Jojoba and Coconut oils.

HERBAL SHAMPOO
Anti-dandruff Blend

A mild shampoo with selected antibacterial & antifungal oils to normalise the scalp’s pH and relieve flaky conditions. With Eucalyptus, Rosemary, Lavendar, Sage & New Zealand Manuka oils.

HERBAL SHAMPOO
Psoriasis Blend

A mild shampoo formulated with virgin organic Coconut & Jojoba, Chamomile & Nettle extracts, organic Aloe Vera and essential oils of Bergamot, Lavender, Cedarwood & Rosemary, to help relieve scalp psoriasis.

Size: 125ml, 250ml

Ingredients: purified water, coco glucose, organic aloe vera, organic jojoba oil, organic virgin coconut oil, organic chamomile flower, organic sage extract, vitamin E, grapefruit seed extract, xanthan gum, glycerine, essential oils of bergamot, lavender, cedarwood, rosemary, geraniol, citronellol, linalool, geraniol, citronellol, linalool, geraniol, citronellol. (Citral, Limonene, Linalool, Geraniol, Citronellol; constituents of the essential oil).

Size: 125ml, 250ml

Ingredients: purified water, coco glucose, organic aloe vera, organic jojoba oil, organic virgin coconut oil, organic chamomile flower, organic sage extract, vitamin E, grapefruit seed extract, xanthan gum, glycerine, essential oils of bergamot, lavender, cedarwood, rosemary, geraniol, citronellol. (Citral, Limonene, Linalool, Geraniol, Citronellol; constituents of the essential oil).

Size: 125ml, 250ml

Ingredients: purified water, coco glucose, organic aloe vera, organic jojoba oil, organic virgin coconut oil, organic chamomile flower, organic sage extract, vitamin E, grapefruit seed extract, xanthan gum, glycerine, essential oils of bergamot, lavender, cedarwood, rosemary, geraniol, citronellol. (Citral, Limonene, Linalool, Geraniol, Citronellol; constituents of the essential oil).

Size: 250ml

Ingredients: purified water, coco glucose, organic aloe vera, organic jojoba oil, organic virgin coconut oil, organic chamomile flower, organic sage extract, vitamin E, grapefruit seed extract, xanthan gum, glycerine, essential oils of bergamot, lavender, cedarwood, rosemary, geraniol, citronellol. (Citral, Limonene, Linalool, Geraniol, Citronellol; constituents of the essential oil).
Argan Oil

Argan Oil has extremely high levels of Vitamin E and 60% fatty acids which make it perfect for healing many skin ailments as well as protecting against premature ageing. The active substances called the phenols that are found in the oil offer amazing skin protection benefits. These include tissue healing (scars), anti-inflammatory, sun-protective and disinfectant properties.

Size: 125ml

Ingredients: purified water, organic aloe vera, organic argan oil, virgin organic coconut oil, vegetable glycerin, panthenol, emulsifying wax, vitamin E, essential oils of sweet orange, palmarosa, ylang-ylang (eugenol, geraniol, farnesol, linalool, citral, limonene; constituents of the essential oils).

Conditioner for Dry, Brittle or Frizzy Hair

MOROCCAN RHASSOUL CLAY
Cleansing & Purifying Treatment for hair

Rhassoul is an ancient lava clay found deep under the Atlas Mountains in Morocco. Translated from Arabic, it means ‘the matter that washes’. It is because the clay contains saponins that effectively remove impurities and excess oils. No surprise that some call it ‘soap clay’. The clay not only works to remove impurities from your skin and hair, but it replaces them with nourishing trace minerals.

Size: 300gr resealable pouch

Ingredients: 100% pure fine Moroccan Rhassoul clay

Conditioner for Dry, Brittle or Frizzy Hair

All Hair Types

ORGANIC MOROCCAN ARGAN OIL

Derived from the crushed nuts of the Argan tree, indigenous to Morocco, Argan oil is high in unsaturated fatty acids and rich in Omegas - shown to be helpful in combating hair strength and health. Argan oil is not a greasy oil and has become popular as a hair treatment to repair and heal damaged hair. Unscented.

Size: 50ml

Ingredients: pure organic argan oil.

JAPANESE CAMELLIA SEED OIL Pure & Unscented

Our Japanese Camellia Oil is an excellent skin restorer and rejuvenator. We’ve included it in our hair care section, because it’s also very good for soothing flaky skin which can often be found on the scalp. It penetrates deep into the skin layers to nourish and condition the skin. A super universal oil packed with vitamins and valuable nutrients for scalp and hair.

Size: 30ml bottle with atomiser spray

Ingredients: 100% pure cold pressed camellia oil

VITAMIN RICH HAIR & SCALP OIL

An all natural blend of virgin organic Coconut, Jojoba, Sweet Almond, Evening Primrose and essential oils to help strengthen the hair & condition the scalp. Recommended as a pre-wash conditioner for dry hair and/or itchy scalp, including dandruff and psoriasis.

Size: 50ml

Ingredients: virgin organic coconut oil, jojoba oil, sweet almond oil, evening primrose oil, rosemary, cedarwood, lavender, geranium, ylang-ylang. (Citral, Eugenol, Geraniol, Citronellol, Linalool; constituents of the essential oils).

Conditioner for Dry, Brittle or Frizzy Hair

OLIVE & JOJOBA HAIR CONDITIONER

Smooth, nourish & detangle your hair with our rich conditioner made with organic Aloe Vera, Olive oil, Jojoba, virgin Shea Butter & Provitamin B5. Enriched with oils to give shine, especially to coloured or highlighted hair. Best applied sparingly on washed & towel dried hair and then styled as usual (including hair drying or straightening). Can also be used as a detangler on dry hair.

Size: 125ml, 250ml

Ingredients: purified water, virgin organic olive oil, organic aloe vera, jojoba oil, provitamin B6, glycerine, emulsifying wax, virgin shea butter, vitamin E, essential oils of lavender, geranium, palmarosa & orange, (Geraniol, Limonene, Linalool, Citral, Farnesol, Citronellol; constituents of the essential oils)

Shower and Haircare

OLIVE & JOJOBA HAIR CONDITIONER

Smooth, nourish & detangle your hair with our rich conditioner made with organic Aloe Vera, Olive oil, Jojoba, virgin Shea Butter & Provitamin B5. Enriched with oils to give shine, especially to coloured or highlighted hair. Best applied sparingly on washed & towel dried hair and then styled as usual (including hair drying or straightening). Can also be used as a detangler on dry hair.

Size: 125ml

Ingredients: purified water, organic olive oil, organic aloe vera, jojoba oil, provitamin B6, glycerine, emulsifying wax, virgin shea butter, vitamin E, essential oils of lavender, geranium, palmarosa & orange, (Geraniol, Limonene, Linalool, Citral, Farnesol, Citronellol; constituents of the essential oils)

VIRGIN COCONUT OIL for Dry & Itchy Scalp

This pure virgin (unprocessed) coconut oil is an excellent hair conditioner as it softens the hair and conditions the scalp. Using coconut oil as a pre-wash conditioner can remove dandruff after only one application.

Size: 60ml & 120ml

Ingredients: virgin organic coconut oil.

Applying Argan Oil...
FRANJPANI & GRAPEFRUIT SHOWER & BATH GEL with Organic Aloe Vera

Refreshing & uplifting Pink Grapefruit is blended with the calming scent of the exotic flower Frangipani, often referred to as the “Flower of the Gods”, in this gently cleansing shower gel.

Size: 250ml
Ingredients: purified water, coco glucose, organic aloe vera, glycerine, glyceryl oleate (fatty acid from sunflower), apple cider vinegar, xanthan gum, grapefruit seed extract, vitamin E, essential oils of grapefruit, frangipani (Citral, Limonene, Linalool; constituents of the essential oils)

CITRUS TOOTY FRUITY SHOWER & BATH GEL with Organic Aloe Vera

Purify your skin & refresh your senses with this gentle shower gel with a zesty scent of Sweet Orange, Pink Grapefruit, Red Mandarin, Lemon and Bergamot. Perfect for your morning showers.

Size: 250ml
Ingredients: purified water, coco glucose, organic aloe vera, glycerine, glyceryl oleate (fatty acid from sunflower), apple cider vinegar, xanthan gum, grapefruit seed extract, vitamin E, essential oils of lemon, sweet orange, pink grapefruit, bergamot & red mandarin (Citral, Geraniol, Limonene, Linalool; constituents of the essential oils)

PEPPERMINT & TEA TREE SHOWER & BATH GEL with Organic Aloe Vera

Super refreshing & stimulating gel with antibacterial Australian Tea Tree and skin purifying Peppermint. Great for stress, migraines and colds too!

Size: 250ml
Ingredients: purified water, coco glucose, organic aloe vera, glycerine, glyceryl oleate (fatty acid from sunflower), apple cider vinegar, xanthan gum, grapefruit seed extract, vitamin E, essential oils of peppermint, tea tree (Limonene, Linalool; constituents of the essential oils)

SENSITIVE (UNSCENTED) SHOWER & BATH GEL with Organic Aloe Vera

No added essential oils making this mild body wash suitable for super sensitive skin, young children, during pregnancy, or if you wish to add your own mix of essential oils. Can also be used as a hair wash.

Size: 250ml
Ingredients: purified water, coco glucose, organic aloe vera, glycerine, glyceryl oleate (fatty acid from sunflower), apple cider vinegar, xanthan gum, grapefruit seed extract, vitamin E.

CITRUS TOOTY FRUITY HAIR & BODY BAR with Lavender & Rosemary

A scrumptious bar handmade from saponified coconut, palm & virgin olive oil and superfatted with virgin shea butter. A deep purple-gray soap with rosemary leaves to give your bathroom a distinctive look & your skin a lovely smell.

Size: 100g
Ingredients: saponified extra virgin olive oil, saponified coconut oil, saponified sustainable palm oil, virgin unrefined shea butter, essential oils of lavender & rosemary, rosemary leaves, alkanet root (Geraniol, Limonene, Linalool; constituents of the essential oils)

ROSEMARY & GERANIUM SHOWER & BATH GEL with Organic Aloe Vera

A mild body wash with uplifting Geranium to help balance the emotions during periods of stress. Enriched with Lavender & Geranium oils, famed for their ability to calm & relax, making this gel a perfect choice for a long relaxing evening shower or bath.

Size: 250ml
Ingredients: purified water, coco glucose, organic aloe vera, glycerine, glyceryl oleate (fatty acid from sunflower), apple cider vinegar, xanthan gum, grapefruit seed extract, vitamin E, essential oils of rosemary & geranium (Limonene, Linalool, Citral, Geraniol, Citronellol; constituents of the essential oils)

YLANG-YLANG & ORANGE SHOWER & BATH GEL with Organic Aloe Vera

With Sweet Orange to improve the mood and detoxify the body, this mild body wash will not irritate or strip your skin of natural moisture. Enriched with exotic Ylang-Ylang to relieve tired or sore muscles and relax the mind.

Size: 250ml
Ingredients: purified water, coco glucose, organic aloe vera, glycerine, glyceryl oleate (fatty acid from sunflower), apple cider vinegar, xanthan gum, grapefruit seed extract, vitamin E, essential oils of sweet orange, ylang-ylang (Eugenol, Geraniol, Farnesol, Linalool, Citral, Limonene; constituents of the essential oils)

LAVENDER & GERANIUM HAIR & BODY BAR with Lavender & Rosemary

A mild body wash with uplifting Geranium to help balance the emotions during periods of stress. Enriched with Lavender & Geranium oils, renowned for their ability to calm & relax, making this gel a perfect choice for a long relaxing evening shower or bath.

Size: 100g
Ingredients: saponified extra virgin olive oil, saponified coconut oil, saponified sustainable palm oil, virgin unrefined shea butter, essential oils of lavender & rosemary, rosemary leaves, alkanet root (Geraniol, Limonene, Linalool; constituents of the essential oils)
**VIRGIN SHEA BUTTER HAIR & BODY BAR with Ylang-Ylang & Geranium**  
This is a really lovely girly sap, handmade from saponified coconut, palm & virgin olive oil and superfatted with virgin shea butter to keep your skin velvety soft. Enriched with balancing Ylang-Ylang, tension relieving Geranium & gently cleansing patchouli.  
Size: 100g  
Ingredients: saponified extra virgin olive oil, saponified coconut oil, saponified sustainable palm oil, virgin shea butter, essential oils of ylang-ylang, geranium, patchouli (citral, geraniol, citronellol, linalool, eugenol, constituents of the essential oils)

**SHEA BUTTER & CASPER HAIR & BODY BAR with Sweet Orange & Cinnamon**  
A lovely spicy orange scented hand or body soap, handmade from saponified coconut, palm & virgin olive oil and superfatted with virgin shea butter & castor oil. Coloured with turmeric & speckled with safflower petals.  
Size: 100g  
Ingredients: saponified extra virgin olive oil, saponified coconut oil, saponified sustainable organic palm oil, virgin unrefined shea butter, castor oil, turmeric powder, safflower petals, essential oils of sweet orange & cinnamon (citral, limonene, linalool, geraniol, constituents of the essential oils)

**LEMONGRASS & CHAMOMILE JOJOBA & COCONUT ROUND BAR**  
A lovely soft & moisturising round bar textured with chamomile flowers & refreshing lemongrass scent. Handmade from saponified organic coconut, olive & sweet almond, and superfatted with jojoba oil to keep your skin velvety soft.  
Size: 100g  
Ingredients: saponified organic coconut oil, saponified olive oil, saponified sweet almond oil, jojoba oil, chamomile flowers, essential oils of lemongrass & organic chamomile (citral, geraniol, citronellol, linalool, limonene, linalool, constituents of the essential oils)

**DEAD SEA BATH SALTS Lavender & Orange**  
Scented with French Lavender & Sweet Orange for a calming & relaxing bath soak. Great for a relaxing de-stressing bath soak.  
Size: 300g  
Ingredients: dead sea salts, essential oils of orange and lavender (geraniol, linalool, citronellol, citral, constituents of the essential oils)

**DEAD SEA BATH SALTS Rose & Patchouli**  
Scented with Rose, Rosewood & Patchouli oils for an indulgent bath soak. No preservatives or colourings. Great for a relaxing de-stressing bath soak.  
Size: 300 grams  
Ingredients: dead sea salts, essential oils of rose and patchouli (citral, citronellol, eugenol, limonene, linalool, constituents of the essential oils)

**DEAD SEA BATH SALTS Rosewood & Patchouli**  
Scented with Rosewood & Patchouli oils for a calming & relaxing bath soak. Great for a relaxing de-stressing bath soak.  
Size: 300 grams  
Ingredients: dead sea salts, essential oils of rosewood, rose & patchouli (citral, citronellol, eugenol, limonene, linalool, constituents of the essential oils)

**SHEA BUTTER & CASTOR HAIR & BODY BAR with Sweet Orange & Cinnamon**  
A lovely soft & moisturising round bar textured with chamomile flowers & refreshing lemongrass scent. Handmade from saponified organic coconut, olive & sweet almond, and superfatted with jojoba oil to keep your skin velvety soft.  
Size: 100g  
Ingredients: saponified organic coconut oil, saponified olive oil, saponified coconut oil, saponified palm oil, jojoba oil, chamomile flowers, essential oils of lemongrass & organic chamomile (citral, geraniol, citronellol, linalool, citronellol, constituents of the essential oils)

**DEAD SEA BATH SALTS Unscented**  
Dead Sea salt has proven therapeutic & rejuvenating properties due to its unique minerals content. Beneficial for normal & sensitive skin, including eczema & psoriasis.  
Size: 300g  
Ingredients: 100% dead sea salts

**MANUKA & LAVENDER HONEY & OATMEAL ROUND BAR**  
A moisturising bar to soothe irritated and eczema prone skin with wildflower honey & fine oatmeal. Handmade from saponified organic coconut, olive & oatmeal, and superfatted with virgin shea butter & castor oil.  
Size: 100g  
Ingredients: saponified organic coconut oil, saponified olive oil, saponified organic cocoa butter, wildflower & manuka honey, fine oatmeal, essential oils of lavender, manuka & geranium (geraniol, citronellol, linalool, citral, constituents of the essential oils)
baby and child

**ANTIBACTERIAL HANDWASH**
A gentle and caring antibacterial hand wash enriched with Organic Aloe Vera, Glycerine & naturally antibacterial essential oils of Lavender, Orange & Manuka.

Size: 250ml

Ingredients: purified water, coco glucose, organic aloe vera, glycerine, glyceryl oleate, apple cider vinegar, xanthan gum, grapefruit seed extract, vitamin E, essential oils of lavender, orange, manuka (Limonene, Linalool, Geraniol, Citral; constituents of the essential oils)

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**REFRESHING HANDWASH**
A refreshing & caring natural hand wash enriched with replenishing Organic Aloe Vera, Glycerine & essential oils of Lemongrass, Orange & Grapefruit.

Size: 250ml

Ingredients: purified water, coco glucose, organic aloe vera, glycerine, glyceryl oleate, apple cider vinegar, xanthan gum, grapefruit seed extract, vitamin E, essential oils of lemongrass, orange, grapefruit (Citral, Geraniol, Limonene, Linalool; constituents of the essential oils)

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**FOAMY CHILDREN’S WASH**

Size: 200ml

Ingredients: purified water, coco glucose, organic aloe vera, glycerine, glyceryl oleate (fatty acid from sunflower), apple cider vinegar, xanthan gum, grapefruit seed extract, vitamin E, essential oils of lime, lemongrass, mandarin & sweet orange (Limonene, Linalool, Citral; constituents of the essential oils)

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**BABY SHOWER AND HAIR CARE**

**LEMON GRASS**
Lemongrass is an anti-microbial and anti-bacterial herb which means it helps to limit bacterial growth on the skin. It can help ward off skin infections as well as lessen skin issues caused by bacterial infections. Lemongrass also helps curb fungal infections on the skin. The herb also acts as an antifungal, which helps to minimize pores, limit the occurrences of oil and provide a temporary skin-firming treatment.

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**BABIES’ SKIN**

Babes’ skin is thinner than ours and anything you put on, whether a baby wash or a nappy balm, is very easily absorbed through the skin. Our baby care products are as gentle and as natural as possible - there are no chemicals, SLS or preservatives.

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**TOP TIP**

Some babies love being in the water. A great way to relax your baby before bedtime is by giving your baby a warm bath.

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**BABY OIL**

**PURE BABY OIL for Massage & Cradle Cap**

Petroleum & Paraben Free

Our natural Baby Oil is made with organic coconut, cold pressed golden jojoba and peach kernel oils. Nothing else! Excellent for baby massage, to soothe dry and itchy skin for both mum and baby, and as a cradle cap treatment. Unscented.

Size: 50ml & 100ml

Ingredients: golden jojoba oil, virgin organic coconut oil, peach kernel oil and nothing else.

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**BOTTOM DREAM NAPPY BALM**

With Shea & Cocoa Butter

A rich & creamy soothing nappy balm containing pure golden jojoba oil, virgin shea butter, virgin cocoa butter, sweet almond oil & a blend of essential oils to soothe irritations, heal the skin & prevent further occurrences of nappy rash.

Size: 15ml, 60ml, 120ml

Ingredients: golden jojoba oil, virgin shea butter, virgin cocoa butter, sweet almond oil, natural vitamin E, essential oils of organic chamomile, lavender, mandarin, geranium (Citral, Geraniol, Limonene, Linalool; constituents of the essential oils)
CARE JELLY with Olive, Calendula, Shea Butter & Manuka

100% pure and natural Care Jelly with virgin shea butter, virgin organic olive oil, organic calendula and essential oils of Lavender, Geranium & Manuka. Excellent for eczema, nappy rash, cuts & grazes.

Size: 15ml, 60ml, 120ml

Ingredients: virgin organic olive oil, virgin shea butter, organic calendula infused in organic sunflower oil, essential oils of lavender, geranium & manuka (citral, geraniol, citronellol, linalool; constituents of the essential oils).

VIRGIN SHEA BUTTER with Calendula, Jojoba & organic Chamomile

Just pure virgin unrefined Shea Butter (80%) enriched with balancing golden Jojoba, calming Calendula & healing organic Chamomile. Excellent for eczema & rashes.

Size: 15ml, 60ml, 120ml

Ingredients: virgin shea butter, calendula oil, golden jojoba oil, organic chamomile essential oil (geraniol, citronellol, limonene, linalool; constituents of the essential oil).

UNSCENTED BODY LOTION with Almond, Plum Kernel & Virgin Cocoa Butter

Light & easily absorbed body lotion, handcrafted from pure sweet almond, plum kernel oils and virgin cocoa butter. Excellent for babies & children, including those with eczema.

Size: 100ml & 250ml

Ingredients: purified water, sweet almond oil, plum kernel oil, virgin cocoa butter, glycerine, aspen bark extract, vitamin E.

Celandula flower

The Calendula flower has many health benefits but its best-known as a skin remedy. The plant has anti-fungal properties which make it great for helping heal minor wounds, skin pain, burns (including sunburn) and even insect bites and stings.

UNSCENTED BABY SOAP with Shea Butter & Organic Aloe Vera

Our baby soap is made with pure vegetable oils and enriched with Virgin Shea Butter & Organic Aloe Vera, so it is even milder on baby’s sensitive skin.

Size: 100gr

Ingredients: saponified extra virgin olive oil, virgin unrefined shea butter, saponified coconut oil, saponified sustainable palm oil, organic Aloe Vera.

BABY FLOWER WASH Chamomile & Rosa Damascena

100% Natural & Pure Flower Water Wash for your baby, a blend of organic chamomile and rose waters to gently care for baby’s delicate skin. Great for cleansing your baby’s face, soothing irritated patches of skin or use at nappy changes instead of plain water.

Size: 100ml

Ingredients: distilled organic chamomile, distilled organic rosa damascena.

Virgin Coconut Oil for Cradle Cap & Dry Skin Conditions

Our pure virgin (unprocessed) coconut oil is an excellent conditioner for baby scalp & hair and a great moisturiser for flaky, newborn baby skin. It is organic, snow white and has a distinct smell of coconuts.

Size: 60ml & 120ml

Ingredients: virgin organic coconut oil.

BABY & CHILD

UNSCENTED BABY SOAP with Shea Butter & Organic Aloe Vera

Our baby soap is made with pure vegetable oils and enriched with Virgin Shea Butter & Organic Aloe Vera, so it is even milder on baby’s sensitive skin.

Size: 100gr

Ingredients: saponified extra virgin olive oil, virgin unrefined shea butter, saponified coconut oil, saponified sustainable palm oil, organic Aloe Vera.

Virgin Coconut Oil

At room temperature, Virgin Coconut Oil is a semi solid butter but melts quickly on the skin. If you have it in a sunny or warm spot, it will melt into a clear oil. Coconut oil is a high quality skin moisturiser; just one layer of coconut oil on your skin feels instantly softens all dryness and dryness making it smooth and soft and even provides an extra glow. Coconut oil is also great as a hair conditioner and is especially good for soap making to dryness and flakiness.
Most products in our range are suitable for men. You can choose any product in any section, but these are just for you.

**INVIGORATING HAIR & BODY WASH with Lemon Grass & Eucalyptus**
A gentle natural Hair & Body Wash for Men to leave hair soft, skin refreshed and senses invigorated with organic Calendula, organic Aloe Vera & various rich cold pressed essential oils. With a subtle fresh scent of healing Mandarin, Rosewood and Palmarosa essential oils.

**Size:** 15ml, 60ml

**Ingredients:** purified water, organic aloe vera, virgin shea butter, organic sweet almond oil, vegetable glycerin, emulsifying wax, aspen bark extract, vitamin E, essential oils of rosewood, mandarin, palmarosa (Citral, Geraniol, Farnesol, Linalool, Linalool; constituents of the essential oils).

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**FOAMY WASH for Toddlers & Children, citrus scent**
Gentle & natural self foaming hand & body wash for Toddlers, Children and Grown-ups - Completely Free from SLS, Parabens, Colours & Chemical nasties.

**Size:** 200ml

**Ingredients:** purified water coco glucose, organic aloe vera, glycerine, glyceryl oleate (fatty acid from sunflower), apple cider vinegar, xanthan gum, grapefruit seed extract, vitamin E, essential oils of mandarin & sweet orange, lemongrass, lime (Limonene, Linalool, Citral; constituents of the essential oils).

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**BABY BATH & WASH GEL with Organic Aloe Vera, Lavender & Chamomile**
A gentle Baby Bath & Wash Gel made with sugar detergent, chamomile and nettle extracts, organic coconut, jojoba oil and organic Aloe Vera Leaf juice for its soothing and moisturising properties. Suitable from birth.

**Size:** 250ml

**Ingredients:** purified water, coco glucose, organic aloe vera, glycerine, glyceryl oleate (fatty acid from sunflower), apple cider vinegar, xanthan gum, grapefruit seed extract, vitamin E, essential oils of lavender and organic chamomile (Geraniol, Linalool, Linalool; constituents of the essential oils).

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**BABY SHAMPOO with Organic Aloe Vera, Aloe Vera & Jojoba Oil**
A gentle natural baby shampoo made with sugar detergent, chamomile and nettle extracts, organic coconut, jojoba oil and organic Aloe Vera Leaf juice for its soothing and moisturising properties. With French Lavender & English Chamomile oils.

**Size:** 250ml

**Ingredients:** purified water coco glucose, organic aloe vera, glyceryl oleate (fatty acid from sunflower), apple cider vinegar, jojoba oil, virgin organic coconut oil, chamomile, nettle, xanthan gum, grapefruit seed extract, vitamin E, glycerine, essential oils of organic chamomile and lavender (Geraniol, Linalool, Linalool, Linalool; constituents of the essential oils).

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**BABY BATH & WASH GEL with Organic Aloe Vera, Mandarin & Chamomile**
A gentle natural baby shampoo made with sugar detergent, chamomile and nettle extracts, organic coconut, jojoba oil and organic Aloe Vera Leaf juice for its soothing and moisturising properties. With French Lavender & English Chamomile oils.

**Size:** 250ml

**Ingredients:** purified water coco glucose, organic aloe vera, glycerine, glyceryl oleate (fatty acid from sunflower), apple cider vinegar, xanthan gum, grapefruit seed extract, vitamin E, essential oils of mandarin & sweet orange, lemongrass, lime (Limonene, Linalool, Citral; constituents of the essential oils).

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**FOAMY WASH with Shea Butter, Organic Calendula & Aloe Vera**
A light textured, calming and replenishing moisturiser for men (or women) with organic Calendula, organic Aloe Vera & vitex rich cold pressed essential oils. With a subtle fresh scent of healing Mandarin, Rosewood and Palmarosa essential oils.

**Size:** 15ml, 60ml

**Ingredients:** purified water, organic aloe vera, virgin shea butter, unrefined rosehip seed oil, jojoba oil, calendula infused organic sunflower oil, vegetable glycerin, emulsifying wax, aspen bark extract, vitamin E, essential oils of rosewood, mandarin, palmarosa (Citral, Geraniol, Farnesol, Linalool, Linalool; constituents of the essential oils).

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**AFTERSHAVE BALM with Shea Butter, Organic Calendula & Aloe Vera**
A light textured, calming and replenishing moisturiser for men (or women) with organic Calendula, organic Aloe Vera & vitex rich cold pressed essential oils. With a subtle fresh scent of healing Mandarin, Rosewood and Palmarosa essential oils.

**Size:** 15ml, 60ml

**Ingredients:** purified water, organic aloe vera, virgin shea butter, unrefined rosehip seed oil, jojoba oil, calendula infused organic sunflower oil, vegetable glycerin, emulsifying wax, aspen bark extract, vitamin E, essential oils of rosewood, mandarin, palmarosa (Citral, Geraniol, Farnesol, Linalool, Linalool; constituents of the essential oils).

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**BABY SHAMPOO with Organic Aloe Vera, Mandarin & Chamomile**
A gentle natural baby shampoo made with sugar detergent, chamomile and nettle extracts, organic coconut, jojoba oil and organic Aloe Vera Leaf juice for its soothing and moisturising properties. With French Lavender & English Chamomile oils.

**Size:** 250ml

**Ingredients:** purified water coco glucose, organic aloe vera, glyceryl oleate (fatty acid from sunflower), apple cider vinegar, jojoba oil, virgin organic coconut oil, chamomile, nettle, xanthan gum, grapefruit seed extract, vitamin E, glycerine, essential oils of organic chamomile and lavender (Geraniol, Linalool, Linalool, Linalool; constituents of the essential oils).

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**Baby Bathtime**

**BABY SHAMPOO with Organic Aloe Vera, Aloe Vera & Jojoba Oil**
A gentle natural baby shampoo made with sugar detergent, chamomile and nettle extracts, organic coconut, jojoba oil and organic Aloe Vera Leaf juice for its soothing and moisturising properties. With French Lavender & English Chamomile oils.

**Size:** 250ml

**Ingredients:** purified water coco glucose, organic aloe vera, glycerine, glyceryl oleate (fatty acid from sunflower), apple cider vinegar, xanthan gum, grapefruit seed extract, vitamin E, essential oils of mandarin & sweet orange, lemongrass, lime (Limonene, Linalool, Citral; constituents of the essential oils).

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**FOAMY WASH for Toddlers & Children, citrus scent**
Gentle & natural self foaming hand & body wash for Toddlers, Children and Grown-ups - Completely Free from SLS, Parabens, Colours & Chemical nasties.

**Size:** 250ml

**Ingredients:** purified water coco glucose, organic aloe vera, glycerine, glyceryl oleate (fatty acid from sunflower), apple cider vinegar, xanthan gum, grapefruit seed extract, vitamin E, essential oils of mandarin & sweet orange, lemongrass, lime (Limonene, Linalool, Citral; constituents of the essential oils).

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**BABY BATH & WASH GEL with Organic Aloe Vera, Lavender & Chamomile**
A gentle Baby Bath & Wash Gel made with sugar detergent and organic Aloe Vera & Chamomile. Suitable for babies and children from birth.

**Size:** 250ml

**Ingredients:** purified water, coco glucose, organic aloe vera, glycerine, glyceryl oleate (fatty acid from sunflower), apple cider vinegar, xanthan gum, grapefruit seed extract, vitamin E, essential oils of lavender and organic chamomile (Geraniol, Linalool, Linalool; constituents of the essential oils).

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**LEMON GRASS & EUCALYPTUS ROUND BAR with Jojoba & Coconut**
A refreshing bar scented with fresh lemon and scented with Lemongrass, Rosemary, Basil Eucalyptus & Black Pepper. Handmade from saponified organic coconut, olive oil & sweet almond, and perfumed with jojoba oil to keep your skin soft.

**Size:** 250ml

**Ingredients:** saponified organic coconut oil, saponified olive oil, saponified sweet almond, jojoba oil, basil leaves, essential oils lemongrass, eucalyptus, rosemary, basil (Limonene, Linalool, Citral; constituents of the essential oils).
treat your self
to a handmade natural gift set

Create your own gift sets from any of the products in our range using two sized gift boxes, the smaller one illustrated below and a similar but slightly larger one. Alternatively we’ve put together these suggestions:

**HAIR CARE GIFT SET**
- Our natural hair care gift set is perfect for you to introduce a friend or member of your family to our range.
- This gift set is for dry hair, but will also suit very dry and unruly hair types. You can customise the gift by selecting a different type of shampoo from our website shop or by calling us.
- The set illustrated contains 125 ml herbal shampoo for dry hair, 125 ml hair conditioner and 125 ml hair serum.

**FACE CARE GIFT SET**
- This is aimed at dry and/or mature skin, but we are more than happy to let you select a different toner or moisturiser.
- The set illustrated contains a 50 ml dispenser of replenishing face cream, 100 ml of rose toner and 100 ml of rose & hemp face cleansing lotion.
- For the full ingredients of all products illustrated for our gift sets please go to the relevant section of our website.

**FRIENDS GIFT SET**
- Not quite sure what to get someone? Try our “Friends” gift set which has a selection of our products. Illustrated are a 100 ml hand & body lotion, 100 gr handmade soap, 15 ml of care jelly and a 4.5 ml lip balm stick.
- But you can pretty well make any set you like suitable for either of our gift box sizes.
- All our gift sets are packaged on a bed of green shredded paper in a fully recyclable & easy to wrap box.

For more information and to order your 100% natural handcrafted products visit our store in Cheshire, call us on 01270 877516 or shop online at www.handmadenaturals.co.uk